

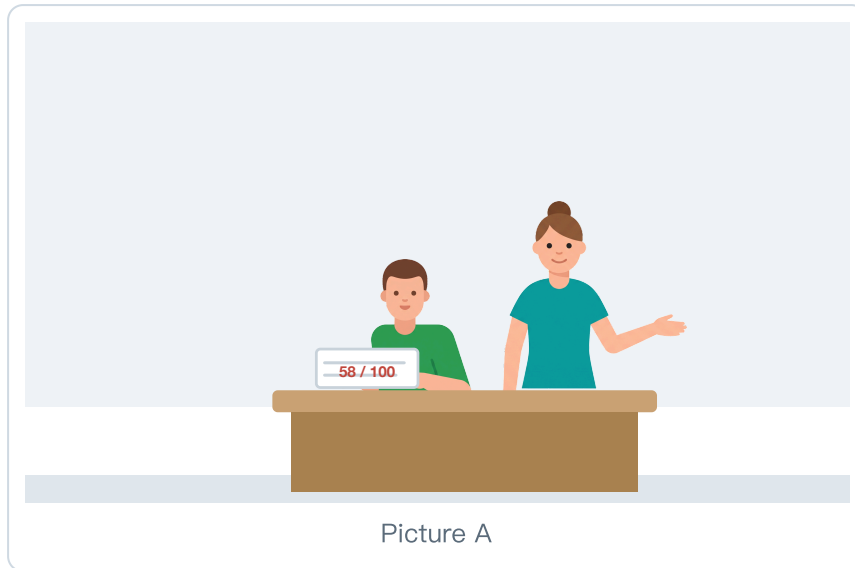
中級聽力測驗 單字第 08 回 情緒與感受 教師用 (含錄音稿・答案・詳解)

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答案一覽

1	2	3	4	5	6	7
B	C	B	A	A	C	D
8	9	10	11	12	13	14
B	C	A	D	D	D	A
15	16	17	18	19	20	21
B	A	C	D	D	A	B
22	23	24	25	26	27	28
C	B	A	B	D	D	B
29	30	31	32	33	34	35
C	B	A	B	A	A	A

第 1 部分 看圖辨義 Picture Description



For questions number one and two, please look at picture A.

1. How does the boy on the left feel? 答案 B

左邊的男孩感覺如何？

- A. Delightful. 令人愉快的。
- B. Disappointed. 失望的。**
- C. Astonished. 驚訝的。
- D. Content. 滿足的。

詳解 | 男孩低垂嘴角、眉毛下斜，桌上是一張分數不佳的考卷，是失望（disappointed）的表情。delightful 是「令人愉快的」（形容事物）、astonished 是「驚訝的」、content 是「滿足的」，都與畫面不符。

2. What is the woman doing? 答案 C

這位女子正在做什麼？

- A. She is chewing a pill. 她正在嚼一顆藥丸。
- B. She is displaying a photo. 她正在展示一張照片。
- C. She is comforting him. 她正在安慰他。**
- D. She is dismissing him. 她正在把他趕走。

詳解 | 女子把手放在男孩肩上，是安慰（comfort）的動作。dismiss（打發走）、chew（咀嚼）、pill（藥丸）、display（展示）都是本回單字的誘答。

STUDENT COUNSELING	
Mon. AM	By appointment
Tue. PM	By appointment
Wed. AM	Walk-in
Fri. PM	By appointment

Picture B

For question number three, please look at picture B.

3. According to the board, when can students see a counselor without an appointment? **答案 B**

根據看板，學生什麼時候不用預約就能見輔導老師？

- A. Monday morning. 星期一上午。
- B. Wednesday morning. 星期三上午。**
- C. Friday afternoon. 星期五下午。
- D. Tuesday afternoon. 星期二下午。

詳解 | 看板上只有 Wed. AM 標示 Walk-in（免預約），其餘三個時段都標示 By appointment。看板題要對準備註欄，不能只看時間。

THANK YOU

Thank you for standing by me
during a very hard month.
Your kindness was a real
blessing. - Ryan

Picture C

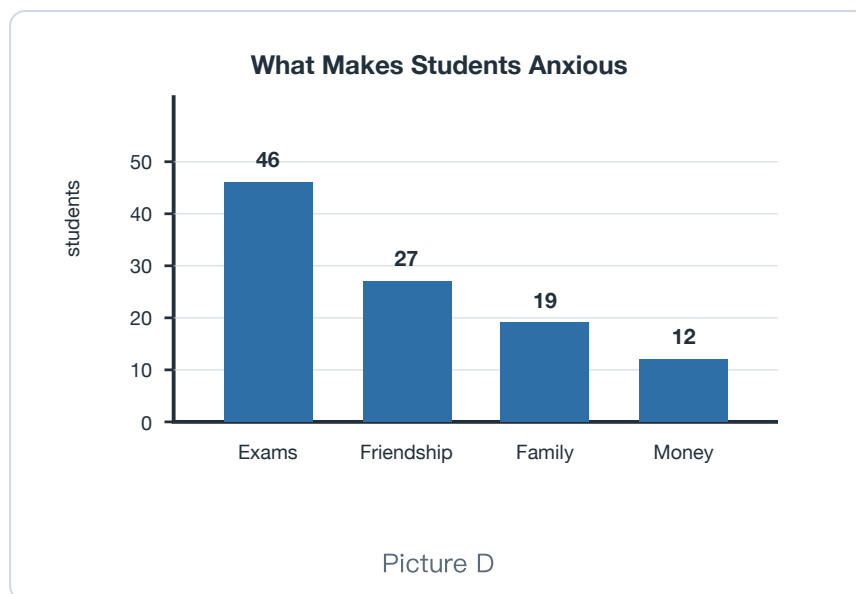
For question number four, please look at picture C.

4. Looking at the card, what is the writer mainly expressing? **答案 A**

看這張卡片，寫卡片的人主要在表達什麼？

- A. Thanks for support during a hard time. 感謝在困難時期的支持。
- B. An apology. 道歉。
- C. An invitation to a party. 派對邀請。
- D. A complaint about a service. 對服務的抱怨。

詳解 | 卡片寫著 Thank you for standing by me（謝謝你陪在我身邊）與 your kindness was a real blessing，是在困難時期表達感謝。blessing（恩典）是本回單字。



For question number five, please look at picture D.

5. What can we tell from the chart? **答案 A**

從這張圖表可以看出什麼？

- A. Exams make more students anxious than anything else.** 考試比任何事都讓更多學生焦慮。
- B. Friendship problems are more common than exams. 交友問題比考試常見。
- C. Family issues worry more students than exams do. 家庭問題困擾的學生比考試多。
- D. Family issues affect half the students. 家庭問題影響一半的學生。

詳解 | 圖中考試 46 最高，交友 27、家庭 19、金錢 12。考試比任何事都讓更多學生焦慮，這就是正解。家庭 19 遠少於考試 46，說家庭問題困擾的人較多是錯的；交友 27 也少於考試；家庭 19 不到總數的一半。anxious / anxiety（焦慮）是本回主題字。

第 2 部分 問答 Question Response

W: Why does she look so anxious this morning?

她今天早上為什麼看起來這麼焦慮？

6. 答案 C

A. A gallon of milk costs less here, whispered the clerk. 店員低聲說，這裡一加侖牛奶比較便宜。

B. The dragonfly landed on the automatic door. 那隻蜻蜓停在自動門上。

C. She has an oral presentation at ten. 她十點要口頭報告。

D. The housekeeper comes on Tuesdays. 管家星期二會來。

詳解 | anxious 是「焦慮的」，正解用十點要口頭報告 (oral presentation) 給出焦慮的原因。oral (口頭的) 是複習字；dragonfly (蜻蜓)、housekeeper (管家)、gallon (加侖) 都是本回單字的誘答。

M: I was amazed by how calmly she responded.

她回應得那麼冷靜，讓我很驚訝。

7. 答案 D

A. He shovelled the snow all morning. 他鏟了一早上的雪。

B. The lane is closed, and the penguin exhibit is too. 那條車道封閉了，企鵝展區也是。

C. The remote control needs a battery. 遙控器需要電池。

D. So was I. Most people would have panicked. 我也是。多數人早就慌了。

詳解 | amaze (使驚訝)、respond (回應) 都是本回單字，正解用 So was I 表示同感。lane (車道)、remote (遙控的)、shovel (鏟) 都是誘答。

W: What made him exclaim like that?

是什麼讓他那樣大叫？

8. 答案 B

A. Her lungs are perfectly healthy. 她的肺完全健康。

B. He got a fright when the door slammed. 門砰地關上把他嚇了一跳。

C. The yolk broke in the pan and made an explosive mess. 蛋黃在鍋子裡破掉，弄得一團糟。

D. The composer finished the piece. 那位作曲家完成了那首曲子。

詳解 | exclaim 是「驚呼」，正解說明原因 (fright 驚嚇)。yolk (蛋黃)、lung (肺)、composer (作曲家) 都是誘答。

M: Do you think the news will depress her?

你覺得這個消息會讓她沮喪嗎？

9. 答案 C

A. An acquaintance of mine works there. 我一個熟人在那裡工作。

B. That shirt looks rather stiff but very durable. 那件襯衫看起來挺硬，但很耐用。

C. Probably, but she'll take comfort from her family. 可能會，但她會從家人那裡得到安慰。

D. The avenue is lined with old trees. 那條大道兩旁都是老樹。

詳解 | depress (使沮喪)、comfort (安慰) 都是主題字，正解先承認再補上支持來源。avenue (大道)、stiff (僵硬的)、acquaintance (熟人) 都是誘答。

W: How did the audience react to the climax of the play?

觀眾對這齣戲的高潮反應如何？

10. 答案 A

A. Several people were visibly moved. 有幾個人明顯被感動了。

B. The neat handwriting impressed me. 那工整的字跡讓我印象深刻。

C. She is a strict vegetarian. 她是嚴格的素食者。

D. The duckling followed its mother, and the whole family stayed united. 那隻小鴨跟著媽媽，一家人始終團結在一起。

詳解 | climax 是「高潮」，正解描述觀眾被感動的反應。duckling (小鴨)、neat (工整的)、vegetarian (素食者) 都是本回單字的誘答。

M: Her absence from the meeting astonished everyone.

她沒出席那場會議，讓所有人都很驚訝。

11. 答案 D

A. The instructor faxed the report again. 那位講師又把報告傳真了一次。

B. Please summarize the report in one page. 請把報告摘要成一頁。

C. The magnificent view was worth the climb. 那壯麗的景色值得這一爬。

D. She has never missed one before. 她以前從來沒缺席過。

詳解 | absence (缺席)、astonish (使驚訝) 都是本回單字，正解用「她以前從來沒缺席過」解釋為何令人驚訝。magnificent (壯麗的)、summarize (摘要)、instructor (講師) 都是誘答。

W: Was the feedback constructive or just negative?

那些回饋是有建設性的，還是只是負面的？

12. 答案 D

A. The hiker set off before dawn. 那位健行者天亮前就出發了。

B. Her instinct told her to wait. 她的直覺叫她再等等。

C. The rider fell at the last fence. 那位騎士在最後一道柵欄摔倒。

D. Mostly constructive, with one useful compliment. 大多有建設性，還附帶一句有用的讚美。

詳解 | constructive (有建設性的)、compliment (讚美) 都是本回單字。hiker (健行者)、rider (騎士)、instinct (直覺) 都是誘答。

M: Why do you distrust his account of what happened?

你為什麼不相信他對經過的說法？

13. 答案 D

A. The pill dissolves in warm water. 那顆藥丸會在溫水中溶解。

B. He obtained the permit last week. 他上星期取得了許可證。

C. The room is air-conditioned, though some parents disapprove. 那個房間有空調，儘管有些家長不贊成。

D. Because it keeps changing every time he tells it. 因為他每次講都不一樣。

詳解 | distrust (不信任) 是衍生字，正解給出理由。air-conditioned (有空調的)、dissolve (溶解)、obtain (取得) 都是誘答。

W: Did the committee oppose the plan?

委員會反對這項計畫嗎？

14. 答案 A

A. Two members did, but the rest were in accord. 有兩位反對，其餘的人意見一致。

B. The naked branches looked lousy in winter. 冬天光禿的樹枝看起來很糟。

C. Volunteers await your instructions. 志工們正等著你的指示。

D. The cone bounced down the steps. 那個錐形物一路彈下階梯。

詳解 | oppose (反對) 是本回單字，正解說明分歧與共識 (accord 一致)。naked (光禿的)、lousy (糟糕的)、volunteer (志工)、await、cone、bounce 都是誘答。

M: He seems doubtful about the whole idea.

他似乎對整個想法有疑慮。

15. 答案 B

A. Educational films can be imaginative too. 教育影片也可以很有想像力。

B. Yes, and his earnest expression shows it. 是啊，他認真的表情看得出來。

C. The shift starts at midnight, so get dressed early. 那個班次從午夜開始，所以早點換好衣服。

D. The stake was driven into the ground. 那根樁被打進地裡。

詳解 | doubtful (懷疑的)、earnest (認真的) 都是本回衍生字。shift (班次)、stake (樁)、educational (教育的)、imaginative (有想像力的) 都是誘答。

第 3 部分 簡短對話 Short Conversations

W: You look worried. Is something wrong?

你看起來很擔心。有什麼事嗎？

M: My results come out tomorrow and I can't stop thinking about it.

我的成績明天公布，我一直忍不住去想。

W: Try to relax. Worrying won't change the marks.

放輕鬆點。擔心也改變不了分數。

16. What is the man feeling? 答案 A

男子的感受是什麼？

A. Anxiety about his results. 對成績的焦慮。

B. Anger at his teacher. 對老師的憤怒。

C. Relief. 寬慰。

D. Excitement about a trip. 對旅行的興奮。

詳解 | 男子說一直忍不住想成績的事，女子叫他別擔心，是典型的 anxiety (焦慮)。relief (寬慰) 是複習字，語意相反。

M: She was horrified when she saw the state of the kitchen.

她看到廚房的狀態時嚇壞了。

W: Was it really that bad?

真的那麼糟嗎？

M: Complete disorder. Nothing had been washed for a week.

完全一團亂。一整個星期沒洗過任何東西。

17. What was the problem with the kitchen? 答案 C

廚房出了什麼問題？

A. It had no water. 沒有水。

B. It was being repaired. 正在整修。

C. It was extremely untidy. 極度髒亂。

D. It was too small. 太小了。

詳解 | Complete disorder（完全一團亂）加上一週沒洗東西，說明極度髒亂。horrify（使驚恐）、disorder（混亂）都是本回單字。

W: I was content with the result, to be honest.

老實說，我對結果還算滿意。

M: Really? You only came fourth.

真的嗎？你只拿到第四名。

W: It was my first race. There was no disappointment at all — I finished, and that's enough.

那是我第一場比賽。完全沒有失望——我跑完了，這就夠了。

18. How does the woman feel about her result? 答案 D

女子對自己的成績有什麼感覺？

A. Angry with the judges. 對裁判很生氣。

B. Doubtful that it was fair. 懷疑比賽不公平。

C. Deeply disappointed. 非常失望。

D. Satisfied given the circumstances. 考量情況後感到滿意。

詳解 | content 是「滿足的」，她說第一次比賽能跑完就夠了，是接受現況的滿意。disappointed、doubtful 都是本回單字的誘答。

M: Did the compliment cheer her up at all?

那句讚美有讓她開心一點嗎？

W: A little, but she is still grieving for her dog.

有一點，但她還在為她的狗難過。

M: That takes time.

那需要時間。

19. Why is the woman still upset? **答案 D**

那位女子為什麼還是難過？

- A. She failed an exam. 她考試沒過。
- B. She had an argument. 她跟人吵架了。
- C. She lost a competition. 她輸了比賽。
- D. Her pet has died.** 她的寵物過世了。

詳解 | grieve for her dog 是「為她的狗哀傷」，可知寵物過世。compliment（讚美）、grieve（哀傷）都是本回單字。

W: The volunteer program starts next month.

志工計畫下個月開始。

M: Do I need any previous experience?

需要先前的經驗嗎？

W: Not at all. They provide two days of training.

完全不用。他們提供兩天的訓練。

20. What does the man ask about? **答案 A**

男子詢問什麼？

- A. Whether experience is needed.** 是否需要經驗。
- B. The number of volunteers. 志工人數。
- C. The location of the office. 辦公室位置。
- D. The cost of joining. 參加的費用。

詳解 | 男子問 Do I need any previous experience。volunteer（志工）、previous（先前的）都是本回單字。

Support Groups

Group	Day / Time	Place
Morning Walk Group	Tue. 07:00	Park gate
Evening Talk Group	Wed. 19:00	Room 2
Saturday Art Group	Sat. 10:00	Studio
Sunday Music Group	Sun. 15:00	Hall

M: I'd like to join a group, but I can only come after work on weekdays.
我想參加團體，但平日只能下班後過來。

W: Then just one group fits your schedule.
那只有一個團體符合你的時間。

M: Put my name down, please.
請幫我報名。

21. Look at the table. Which group will the man join? **答案 B**

請看表格。男子會參加哪一個團體？

- A. Morning Walk Group. 晨間散步團體。
- B. Evening Talk Group. 晚間談話團體。**
- C. Saturday Art Group. 週六藝術團體。
- D. Sunday Music Group. 週日音樂團體。

詳解 | 條件是平日下班後。Evening Talk Group 是 Wed. 19:00，唯一符合平日晚間，就是正解。另外兩個在週末，晨間那個時間不對。

W: He dismissed my idea before I even finished speaking.

我話都還沒說完，他就否決了我的想法。

M: That's not a very constructive way to run a meeting.

那不是一種很有建設性的開會方式。

W: I'll raise it again next time.

下次我會再提一次。

22. What will the woman do? **答案 C**

女子會怎麼做？

- A. Complain to the manager. 向經理投訴。
- B. Leave the committee. 退出委員會。
- C. Bring the idea up again later. 之後再提一次。**
- D. Give up on the idea. 放棄這個想法。

詳解 | 女子說 I'll raise it again next time (下次再提一次)。dismiss (否決)、constructive (有建設性的) 都是本回單字。

M: The film was long, but the ending was magnificent.

那部電影很長，但結局很壯麗。

W: I nearly left before the climax.

我差點在高潮之前就離場了。

M: Then you would have missed the best part.

那你就會錯過最精采的部分了。

23. What can we tell about the woman? **答案 B**

關於這位女子可以知道什麼？

- A. She has seen it twice. 她看過兩次。
- B. She almost missed the best scene. 她差點錯過最精采的一幕。**
- C. She disliked the whole film. 她討厭整部電影。
- D. She left the cinema early. 她提早離開電影院。

詳解 | nearly left (差點離開) 表示她最後留下來了，但差點錯過高潮 (climax)。magnificent (壯麗的) 是本回單字。

W: My instinct says we should wait another week.

我的直覺說我們該再等一週。

M: But the display has already been booked.

但展示場地已經訂了。

W: Then let's go ahead as planned.

那就照原計畫進行吧。

24. What do they decide? 答案 A

他們決定怎麼做？

A. To continue with the original plan. 照原計畫繼續。

B. To delay by one week. 延後一週。

C. To ask for more time. 要求更多時間。

D. To cancel the display. 取消展示。

詳解 | 女子最後說 let's go ahead as planned (照原計畫進行)。instinct (直覺)、display (展示) 都是本回單字。

Guest Rooms

Room	Air Conditioning	Price
A	No	\$1,200
B	Yes	\$1,800
C	Yes	\$2,400
D	Yes	\$3,100

M: I want a room that is air-conditioned and costs under two thousand.
我想要有空調、而且兩千元以內的房間。

W: Then only one room matches.
那只有一間符合。

M: I'll take it.
我就訂那間。

25. Look at the table. Which room will the man take? **答案 B**

請看房型表。男子會選哪一間？

- A. Room A. A 房。
- B. Room B. B 房。**
- C. Room C. C 房。
- D. Room D. D 房。

詳解 | 條件是有空調且不超過兩千。A 房沒空調；C 房 2,400、D 房 3,100 超出預算；只有 B 房（有空調、1,800）符合，因此要選 B 房。air-conditioned 是本回單字。

第 4 部分 簡短談話 Short Talks

W: Good morning, everyone. As you know, exam week begins on Monday, and many of you are feeling anxious. The counseling room will be open every lunchtime, and no appointment is needed. If you would rather not talk in person, you can send us a message and we will respond within a day. Please remember that a little anxiety is normal, and it does not mean anything is wrong with you.

各位早安。如各位所知，考試週從星期一開始，許多同學都感到焦慮。輔導室每天午休都會開放，不需要預約。如果你不想當面談，也可以傳訊息給我們，我們會在一天內回覆。請記得，一點點焦慮是正常的，並不代表你有什麼問題。

26. What is the main purpose of the announcement? 答案 D

這則廣播的主要目的是什麼？

- A. To change the exam timetable. 更改考程。
- B. To warn students about cheating. 警告學生不要作弊。
- C. To announce the exam results. 公布考試成績。
- D. To tell students where they can get help. 告訴學生哪裡可以求助。**

詳解 | 廣播說明輔導室開放時間與聯絡方式，目的是告知求助管道。anxious / anxiety (焦慮) 是本期主題字。

27. What does the speaker say about anxiety? 答案 D

講者對焦慮有什麼說法？

- A. It always needs medicine. 一定要吃藥。
- B. It should be ignored. 應該忽視它。
- C. It only affects weak students. 只影響意志薄弱的學生。
- D. A small amount of it is normal. 少量的焦慮是正常的。**

詳解 | 廣播最後說 a little anxiety is normal (一點點焦慮是正常的)。

M: Hello, this is Mr. Alvarez from Greenfield School. I'm calling about your daughter Emma. She has been rather quiet in class this week, and her teacher noticed she seemed depressed after the sports day. There is nothing to be alarmed about, but we thought you would want to know. If you would like to talk, please call the office. Emma is a delightful student and we simply want to make sure she is all right.

您好，我是綠田學校的 Alvarez 老師。我來電是關於您的女兒 Emma。她這週在課堂上相當安靜，老師注意到她在運動會之後似乎有些低落。並沒有什麼需要驚慌的事，但我們認為您會想知道。若您想談，請致電辦公室。Emma 是一位討人喜歡的學生，我們只是想確認她一切都好。

28. Why is the man calling? 答案 B

男子為什麼來電？

- A. To invite the parents to sports day. 邀請家長參加運動會。
- B. To share a concern about the girl's mood. 分享對女孩情緒的關心。**
- C. To report bad behavior. 回報不當行為。
- D. To ask for a payment. 要求繳費。

詳解 | 老師說注意到她似乎 depressed (低落)，並強調沒有需要驚慌，是關心而非投訴。depress 是本回主題字。

29. How does the man describe Emma? 答案 C

男子如何形容 Emma？

- A. As a difficult student. 一個難帶的學生。
- B. As the top of her class. 班上第一名。
- C. As a delightful student. 一位討人喜歡的學生。**
- D. As often absent. 經常缺席。

詳解 | 留言說 Emma is a delightful student。delightful (討人喜歡的) 是本回主題字，absence (缺席) 是誘答方向。

W: And now for our health column. Many people believe that keeping feelings hidden is a sign of strength. Research suggests the opposite. In one study, volunteers who wrote about a difficult experience for fifteen minutes a day reported less depression after a month than those who did not. The researchers say that putting feelings into words seems to dissolve some of their power. You do not need to show anyone what you write; the benefit comes from the writing itself.

接下來是健康專欄。許多人認為把情緒藏起來是堅強的表現。研究顯示恰好相反。在一項研究中，每天花十五分鐘書寫困難經驗的志願者，一個月後回報的憂鬱程度低於沒有書寫的人。研究人員表示，把情緒化為文字似乎能消解它們的一部分力量。你不需要給任何人看你寫的內容，好處來自書寫本身。

30. What does the research suggest? 答案 B

這項研究顯示什麼？

- A. Talking to friends is useless. 跟朋友談是沒用的。
- B. Writing about feelings can help. 書寫情緒會有幫助。**
- C. Hiding feelings makes people stronger. 隱藏情緒讓人更堅強。
- D. Depression cannot be treated. 憂鬱無法治療。

詳解 | 研究顯示書寫困難經驗的人憂鬱程度較低，正解就是書寫情緒會有幫助。depression（憂鬱）是本回主題字；「隱藏情緒讓人更堅強」正是報導所反駁的迷思。

31. How long did the volunteers write each day? 答案 A

志願者每天寫多久？

- A. Fifteen minutes. 十五分鐘。**
- B. Five minutes. 五分鐘。
- C. One hour. 一小時。
- D. Half an hour. 半小時。

詳解 | 報導說 fifteen minutes a day。volunteer（志願者）是本回單字。

32. Do people need to show their writing to others? 答案 B

人們需要把寫的東西給別人看嗎？

- A. Only if they want treatment. 只有想接受治療時才需要。
- B. No, the benefit comes from writing itself. 不需要，好處來自書寫本身。**
- C. Yes, to a doctor. 需要，給醫生看。
- D. Yes, to a close friend. 需要，給好友看。

詳解 | 報導最後說 You do not need to show anyone what you write。dissolve（消解）是本回衍生字。

Community Center – This Week

Day	Session	Room
Mon.	Art Class	Studio
Tue.	Book Club	Room 1
Thu.	Relaxation Yoga	Room 3
Fri.	Choir Practice	Hall

M: Good evening, and welcome to the community center. On the board are the four sessions running this week. If you are looking for something to help you relax after work, the Thursday session is the one to choose. Please note that the art session is now full, though we may add a second class if enough people await a place. All sessions are free, and the rooms are air-conditioned. Do let us know if you have any questions.

晚安，歡迎來到社區中心。看板上是本週的四場活動。如果您想找下班後能放鬆的活動，星期四那場最適合。請注意，藝術那場已經額滿，不過若有足夠的人候補，我們可能會加開第二班。所有課程都免費，教室也都有空調。若有任何問題，歡迎告訴我們。

33. Look at the board. Which session helps people relax after work? **答案 A**

請看看板。哪一場活動能幫助人們下班後放鬆？

- A. Relaxation Yoga. 放鬆瑜珈。
- B. Art Class. 藝術課。
- C. Book Club. 讀書會。
- D. Choir Practice. 合唱練習。

詳解 | 談話說星期四那場能幫助放鬆；對照看板，週四正是 Relaxation Yoga。

34. Which session is already full? **答案 A**

哪一場已經額滿？

- A. Art Class. 藝術課。
- B. Relaxation Yoga. 放鬆瑜珈。
- C. Book Club. 讀書會。
- D. Choir Practice. 合唱練習。

詳解 | 談話說 the art session is now full（藝術那場已額滿），若有人候補（await）可能加開。

35. What is said about the rooms? **答案 A**

關於教室，談話提到什麼？

- A. They have air conditioning. 它們有空調。
- B. They close at nine. 它們九點關閉。

C. They are quite small. 它們相當小。

D. They are being repainted. 它們正在重新粉刷。

詳解 | 談話說 the rooms are air-conditioned。air-conditioned 是本回單字。