

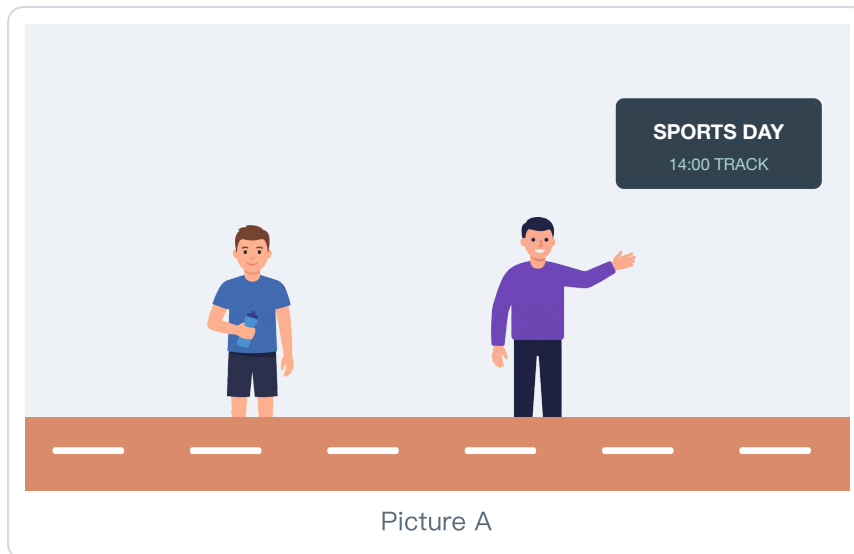
中級聽力測驗 單字第 06 回 健康與運動 教師用（含錄音稿・答案・詳解）

GEPT INTERMEDIATE · LISTENING · TEACHER'S COPY

答案一覽

1	2	3	4	5	6	7
B	A	A	D	B	B	B
8	9	10	11	12	13	14
A	B	C	A	C	D	C
15	16	17	18	19	20	21
D	B	B	B	A	A	A
22	23	24	25	26	27	28
C	D	D	A	D	C	C
29	30	31	32	33	34	35
B	D	A	A	B	A	A

第 1 部分 看圖辨義 Picture Description



For questions number one and two, please look at picture A.

1. What is the athlete on the left holding? 答案 B

左邊那位運動員手上拿著什麼？

- A. A battery. 一顆電池。
- B. A water bottle. 一個水壺。**
- C. A championship medal. 一面錦標賽獎牌。
- D. A whistle. 一支哨子。

詳解 | 左邊那位運動員手邊拿著水壺，water bottle 為正解。哨子 (whistle) 通常掛在教練身上、獎牌 (championship medal) 要頒獎才有、電池 (battery) 與運動場景無關，三者都是本回單字的誘答。

2. Which description best fits the picture? 答案 A

哪一項描述最符合這張圖？

- A. Two athletes are warming up before a contest. 兩位運動員正在賽前熱身。**
- B. The champion is receiving a medal. 冠軍正在領獎牌。
- C. The stadium is completely empty. 體育場空無一人。
- D. A dancer is performing on stage. 一位舞者正在台上表演。

詳解 | 兩人穿運動服在跑道旁做熱身動作，看板寫著即將舉行的賽事，符合「賽前熱身」。athlete (運動員)、contest (比賽) 是主題字；dancer、champion 是誘答。

FINAL SCORES	
Tigers	21
Eagles	18
Sharks	15
Wolves	9
Championship 2026	

Picture B

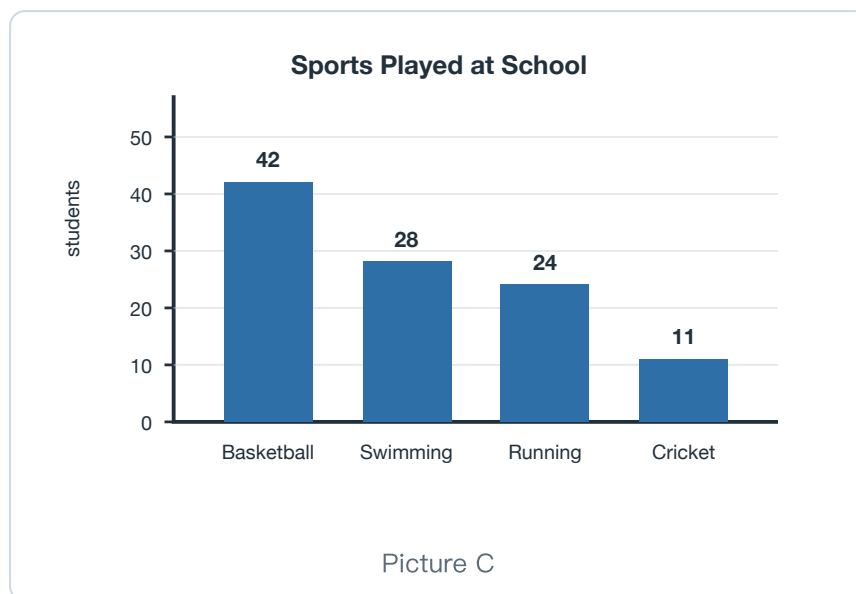
For question number three, please look at picture B.

3. According to the board, who won the championship? **答案 A**

根據記分板，誰贏得了冠軍？

- A. Team Tigers. 老虎隊。
- B. Team Wolves. 狼隊。
- C. Team Sharks. 鯊魚隊。
- D. Team Eagles. 老鷹隊。

詳解 | 記分板上老虎隊 21 分最高，老鷹 18、鯊魚 15、狼隊 9。championship（錦標賽）與 champion（冠軍）都是本回主題字。



For question number four, please look at picture C.

4. What can we tell from the chart? **答案 D**

從這張圖表可以看出什麼？

- A. Cricket and running are equally popular. 板球和跑步一樣受歡迎。
- B. Running attracts the most students. 跑步吸引最多學生。
- C. Swimming is the least popular sport. 游泳是最不受歡迎的運動。
- D. More students play basketball than cricket. 打籃球的學生比打板球的多。**

詳解 | 圖中籃球 42、游泳 28、跑步 24、板球 11。籃球多於板球，故「打籃球的學生比打板球的多」為正解。游泳不是最少；板球與跑步不相等；跑步也不是最多。cricket（板球）是今回主題字。

TRAINING PLAN

Mon.	Dash practice
Tue.	Long swim
Wed.	Rest day
Thu.	Weights class

Picture D

For question number five, please look at picture D.

5. Looking at the training plan, what does the athlete do on Wednesday? **答案 B**

看這份訓練計畫，這位運動員星期三做什麼？

- A. A weights class. 重量訓練課。
- B. A complete rest day. 完全休息。**
- C. A long swim. 長泳。
- D. A vigorous dash session. 高強度的短跑訓練。

詳解 | 訓練計畫上星期三是 Rest day (休息日)。dash (短跑) 在星期一、長泳星期二、重訓星期四。vigorous (劇烈的)、dash 都是本回單字。

第 2 部分 問答 Question Response

W: How long have you been competing at this level?

你在這個層級比賽多久了？

6. **答案 B**

- A. The penguin dived at that latitude. 那隻企鵝在那個緯度潛水。
- B. Since I was an amateur at seventeen. 從我十七歲還是業餘選手時開始。**
- C. Please erase the previous text. 請擦掉先前那段文字。
- D. The reception desk sells lemonade on the second floor. 二樓的接待櫃台有賣檸檬汁。

詳解 | How long 問期間，正解用 Since 回答並帶出 amateur (業餘的)。compete (競爭) 是主題字；reception (接待處)、previous (先前的)、erase、penguin 都是誘答。

M: Did you see how energetic the new coach is?

你看到新教練多有活力了嗎？

7. 答案 B

A. Arithmetic was never my subject, unlike the economist's talk on the economy. 算術從來不是我的科目，不像那位經濟學家談經濟那樣。

B. Yes, and his sportsmanship is impressive too. 看到了，而且他的運動家精神也令人印象深刻。

C. The whisper and the whistle were barely audible. 那句耳語和哨聲幾乎聽不見。

D. My jaw still aches from the injection. 打完針我的下巴還在痛。

詳解 | energetic 是「充滿活力的」，正解順著讚美再補一項優點。sportsmanship（運動家精神）是主題字；whisper（耳語）、jaw（下巴）、injection（注射）、arithmetic（算術）都是誘答。

W: Why did the referee stop the match?

裁判為什麼中止比賽？

8. 答案 A

A. One of the players injured his shoulder. 有一位球員肩膀受傷了。

B. The deadline is next Monday. 截止日是下星期一。

C. The delivery of financial documents arrived at noon. 財務文件中午送到了。

D. The cupboard in that property was left open. 那處房產裡的櫥櫃沒關。

詳解 | 問中止比賽的原因，正解給出球員肩膀受傷。cupboard（櫥櫃）、deadline（截止日）、delivery（送貨）都是本回衍生字的誘答。

M: Do you think our team can win the championship this year?

你覺得我們隊今年能奪冠嗎？

9. 答案 B

A. She is a creative storyteller and the creator of the series. 她是個有創意的說故事高手，也是這系列的創作者。

B. If everyone stays in good condition, yes. 如果大家都保持好狀態，可以。

C. The customs officer checked my insurance papers. 海關人員檢查了我的保險文件。

D. I disagree with that philosophy. 我不同意那套哲學。

詳解 | condition 在運動情境是「身體狀態」，正解給出條件式的肯定回答。disagree（不同意）、philosophy（哲學）、customs（海關）、creative（有創意的）、storyteller（說故事的人）都是誘答。

W: Where exactly is the new stadium being built?

新體育場到底蓋在哪裡？

10. 答案 C

A. Daylight fades early, so we dine at five. 天黑得早，所以我們五點就用餐。

B. The cultural festival lasts a week. 文化節持續一週。

C. At the crossroads south-west of the station. 在車站西南方的十字路口。

D. Cruelty to animals is against the law. 虐待動物是違法的。

詳解 | Where 問地點，正解用 crossroads（十字路口）與 south-west（西南方）明確指出位置。cultural、cruelty、daylight 都是本回衍生字的誘答。

M: The champion declined the interview after the race.

冠軍在賽後婉拒了訪問。

11. 答案 A

A. Nevertheless, he waved to the crowd. 儘管如此，他還是向觀眾揮手。

B. His identification card has expired. 他的身分證過期了。

C. New rules impose a restriction on phone use. 新規定對手機使用設下限制。

D. The tin was full of biscuits with a strange flavor. 那個錫罐裝滿了味道很怪的餅乾。

詳解 | decline 是「婉拒」，nevertheless（儘管如此）承接前句並補上他仍有的舉動，語意連貫。tin（錫罐）、restrict（限制）、identification（身分證明）都是誘答。

W: How did the crowd react when he scored?

他得分時觀眾反應如何？

12. 答案 C

A. The oral exam lasts twenty minutes. 口試進行二十分鐘。

B. He accomplished the task alone. 他獨自完成了那項任務。

C. They rose to their feet and roared. 他們起立歡呼。

D. Privacy is a basic right, and that headline was misleading. 隱私是基本權利，而那個標題有誤導性。

詳解 | react 是「反應」，正解描述觀眾起立歡呼的具體反應。oral（口頭的）、privacy（隱私）、accomplish（完成）都是本回通用字的誘答。

M: Is he a professional or still an amateur?

他是職業選手還是仍是業餘的？

13. 答案 D

A. The bridegroom drank a cocktail and looked nervous. 那位新郎喝了杯雞尾酒，看起來很緊張。

B. The wicked character caused great grief. 那個邪惡的角色造成了極大的悲傷。

C. The visual effects were impressive. 那些視覺效果令人驚豔。

D. He turned professional two seasons ago. 他兩季前轉職業了。

詳解 | 二選一的問句，正解直接說明他已轉職業（turned professional）。visual（視覺的）、grief（悲傷）、bridegroom（新郎）都是誘答。

W: What made you decide to take up cricket?

是什麼讓你決定開始打板球？

14. 答案 C

A. The gaze of the crowd made him creep away. 群眾的注視讓他悄悄溜走。

B. Intellectual work is tiring, but the investment in study paid off. 腦力工作很累，但在學習上的投資有了回報。

C. A leading player at my school inspired me. 學校裡一位頂尖球員啟發了我。

D. The united team finally won. 團結的隊伍終於贏了。

詳解 | 問「是什麼讓你開始」，正解給出啟發的來源。leading（頂尖的）是衍生字；gaze（注視）、creep（悄悄移動）、intellectual（智力的）、unite（團結）都是誘答。

M: Their cooperation on the pitch has really improved.

他們在球場上的合作真的進步了。

15. 答案 D

A. It is apparent that he is tired. 很明顯他累了。

B. The stroke of the clock woke me. 時鐘的敲擊聲把我吵醒了。

C. The pose was held for ten seconds. 那個姿勢維持了十秒。

D. Yes, and it shows in the scores. 是啊，成績上看得出來。

詳解 | cooperation (合作)、pitch (球場) 都是本回單字，正解順著肯定並補上「成績看得出來」這個證據。pose (姿勢)、apparent (明顯的)、stroke (敲擊) 都是誘答。

第 3 部分 簡短對話 Short Conversations

W: My shoulder still aches from the match on Sunday.

我肩膀從星期天那場比賽到現在還在痛。

M: You should rest it. A pulled muscle takes at least a week.

你該讓它休息。拉傷的肌肉至少要一週。

W: But the championship is on Saturday.

可是錦標賽就在星期六。

16. What is the woman's problem? 答案 B

女子的問題是什麼？

A. She has lost her place in the team. 她失去了隊上的位置。

B. She is injured but a big match is coming. 她受傷了，但重要比賽即將到來。

C. She disagrees with the coach. 她不同意教練的看法。

D. She cannot find her equipment. 她找不到裝備。

詳解 | 女子肩膀痛 (muscle 拉傷)，但錦標賽 (championship) 就在週六，形成兩難。but 之後才是她真正的困擾。

M: Did you hear the crowd when he crossed the line?

他衝過終點線時你有聽到觀眾的聲音嗎？

W: The whole stadium united in one roar.

整座體育場的人一起爆出歡呼。

M: I've never heard anything like it.

我從沒聽過那樣的聲音。

17. How did the crowd behave? 答案 B

觀眾的反應如何？

A. They booed the runner. 他們對那位跑者喝倒采。

B. They cheered together loudly. 他們一起大聲歡呼。

C. They whispered among themselves. 他們彼此低聲交談。

D. They left before the end. 他們提早離場。

詳解 | united in one roar 是「一起爆出歡呼」。unite（團結）、stadium（體育場）都是本回單字；whisper（低語）是誘答。

W: The coach said my performance has declined this season.

教練說我這一季的表現下滑了。

M: Did he say why?

他有說原因嗎？

W: He thinks I'm not training vigorously enough.

他認為我訓練得不夠賣力。

18. What is the reason given? 答案 B

教練給的原因是什麼？

A. She joined the team too late. 她太晚加入球隊。

B. Her training is not intense enough. 她的訓練強度不足。

C. She has been ill. 她生病了。

D. She trains too hard. 她訓練太過度。

詳解 | not training vigorously enough 是「訓練得不夠賣力」。decline（下滑）、vigorous（劇烈的）都是本回單字，說她「訓練太過度」的那個選項意思正好相反。

M: Is the swimming pool open to amateurs at the weekend?

游泳池週末開放給業餘者使用嗎？

W: Yes, but you need identification to get in.

開放，但入場需要證件。

M: I'll bring my student card, then.

那我帶學生證好了。

19. What does the man need to bring? 答案 A

男子需要帶什麼？

A. Some form of ID. 某種身分證件。

B. Swimming goggles. 泳鏡。

C. A medical certificate. 健康證明。

D. A membership fee. 會員費。

詳解 | 女子說 you need identification to get in (入場需要證件)，男子回應會帶學生證。
identification 是今回通用字。

W: Their cooperation has improved, but they still disagree about tactics.

他們的合作改善了，但戰術上仍有分歧。

M: That's normal in any leading team.

任何頂尖隊伍都會這樣。

W: As long as it stays courteous.

只要保持有禮就好。

20. What does the woman hope for? 答案 A

女子希望什麼？

A. That disagreements stay polite. 分歧能保持有禮。

B. That the coach changes the tactics. 教練改變戰術。

C. That the team wins every match. 球隊每場都贏。

D. That the players stop arguing completely. 球員完全停止爭論。

詳解 | As long as it stays courteous (只要保持有禮) 表明她接受分歧、只在意態度。courteous (有禮的) 是衍生字，disagree、cooperation、leading 都是今回單字。

Fitness Classes

Class	Time	Focus
Morning Yoga	07:00	Flexibility
Weight Training	19:00	Muscle strength
Swimming Basics	10:00	Technique
Team Cricket	18:30	Team play

M: I can only train after six, and I want something that builds muscle.
我只能六點後訓練，而且想練肌肉。

W: Then just one class fits you.
那只有一堂課適合你。

M: Sign me up for that one.
幫我報那一堂。

21. Look at the table. Which class will the man join? **答案 A**

請看課表。男子會參加哪一堂課？

- A. **Weight Training.** 重量訓練。
- B. Swimming Basics. 游泳入門。
- C. Team Cricket. 板球團隊課。
- D. Morning Yoga. 晨間瑜珈。

詳解 | 條件是六點後、且能練肌肉。Weight Training 在 19:00 且以肌力為主，同時符合，為正解。Team Cricket 雖在傍晚但不是練肌肉。

W: The doctor gave him an injection for the pain.

醫生幫他打了止痛針。

M: Will he still be able to compete on Sunday?

他星期天還能比賽嗎？

W: Only if the swelling goes down.

要看腫脹有沒有消。

22. What decides whether he can compete? **答案 C**

什麼決定他能不能出賽？

- A. The result of a written test. 筆試結果。
- B. The weather on Sunday. 星期天的天氣。
- C. Whether the swelling reduces. 腫脹是否消退。**
- D. The coach's permission. 教練的允許。

詳解 | Only if the swelling goes down (要看腫脹有沒有消) 是唯一條件。injection (注射)、compete (比賽) 都是本回單字。

M: He whispered something to the referee and then walked off.

他對裁判低聲說了些什麼，然後就走開了。

W: That's not good sportsmanship.

那可不是好的運動家精神。

M: The crowd clearly agreed with you.

觀眾顯然同意你的看法。

23. What is the woman's opinion of the player? **答案 D**

女子對這位球員的看法是什麼？

- A. He played extremely well. 他表現非常好。
- B. He was treated unfairly. 他受到不公平對待。
- C. He should be made captain. 他應該當隊長。
- D. His behavior was unacceptable. 他的行為不可接受。**

詳解 | That's not good sportsmanship 是明確的負面評價。sportsmanship (運動家精神) 是主題字，whisper 是通用字。

W: The new sportsperson of the year is only nineteen.

今年的最佳運動員才十九歲。

M: And she accomplished it in her first season.

而且是在她的第一個球季就做到了。

W: Apparently she trains six days a week.

顯然她一週訓練六天。

24. What is remarkable about the athlete? 答案 D

這位運動員特別之處在哪？

- A. She is the oldest winner ever. 她是史上最年長的得主。
- B. She has changed sports twice. 她換過兩次運動項目。
- C. She trains only at weekends. 她只在週末訓練。
- D. She won it very early in her career. 她在職涯很早期就得獎。**

詳解 | 十九歲、第一個球季就拿下最佳運動員，是職涯極早期的成就。sportsperson、accomplish、apparent 都是本回單字。

This Weekend's Matches

Sport	Day / Time	Venue
Cricket	Sun. 14:00	City Stadium (bus)
Basketball	Sat. 14:00	Riverside Hall (5-min walk)
Swimming	Sun. 10:00	National Pool (train)
Athletics	Sat. 09:00	City Stadium (bus)

M: I want to watch a match on Saturday afternoon, somewhere I can walk to.
我想星期六下午看比賽，而且要走得到的地方。

W: Then only one of these works for you.
那這幾場只有一場適合你。

M: Great, I'll get a ticket.
太好了，我去買票。

25. Look at the schedule. Which match will the man watch?

答案 A

請看賽程表。男子會看哪一場？

- A. Basketball at Riverside Hall. 河濱體育館的籃球。
- B. Swimming at the National Pool. 國家泳池的游泳。
- C. Cricket at City Stadium. 市立體育場的板球。
- D. Athletics at City Stadium. 市立體育場的田徑。

詳解 | 條件是週六下午、步行可到。Basketball 在週六 14:00、Riverside Hall 標示 5-min walk，同時符合，為正解。Athletics 雖在週六但是上午。

第 4 部分 簡短談話 Short Talks

W: Attention, everyone at the sports center. Because of a problem with the reception area, all members must enter through the south-west door this week. Please have your identification ready. The oral briefing for new members has been moved to the meeting room upstairs. We apologize for the inconvenience, and we appreciate your cooperation.

運動中心的各位請注意。由於接待區出了狀況，本週所有會員必須從西南側門進入。請先備妥您的證件。新會員的口頭說明會改到樓上會議室舉行。造成不便敬請見諒，也感謝各位的配合。

26. Why must members use a different door? **答案 D**

會員為什麼必須改走別的門？

- A. The main door is being painted. 大門正在油漆。
- B. The parking lot is closed. 停車場關閉。
- C. Too many people arrive at once. 太多人同時抵達。
- D. There is a problem with the reception area. 接待區出了狀況。**

詳解 | 廣播說 Because of a problem with the reception area。reception（接待處）、south-west（西南）都是本回單字。

27. Where will the briefing for new members be held? **答案 C**

新會員的說明會在哪裡舉行？

- A. In the changing rooms. 更衣室。
- B. On the sports field. 運動場上。
- C. In the upstairs meeting room. 樓上的會議室。**
- D. In the reception area. 接待區。

詳解 | 廣播說 moved to the meeting room upstairs。oral（口頭的）是本回通用字。

M: Hello, this is Coach Daniels from the Riverside Athletic Club. I'm calling about your son's trial next Saturday. He should arrive at eight, and the session will last about three hours. Please make sure he brings his own water and a spare shirt. The trial is demanding, so he must be in sound health on the day. If he has any medical condition we should know about, please tell us before Thursday. We were very impressed with his previous results, and we look forward to seeing him.

您好，我是河濱田徑俱樂部的 Daniels 教練。我來電是關於令郎下週六的選拔。他八點到即可，測試約三小時。請確保他自備飲水與一件備用上衣。這場選拔很吃力，所以他當天必須身體健全。若他有任何我們該知道的身體狀況，請於週四前告知。我們對他先前的成績印象深刻，期待見到他。

28. What is the call about? 答案 C

這通電話的主題是什麼？

- A. Canceling a training session. 取消一次訓練。
- B. An unpaid membership fee. 未繳的會費。
- C. Details of an upcoming trial. 即將到來的選拔細節。**
- D. A change of coach. 更換教練。

詳解 | 留言說明選拔的時間、時長與應備物品，是交代細節。athletic（田徑的）、previous（先前的）都是本回單字。

29. What must be reported before Thursday? 答案 B

週四前必須告知什麼？

- A. The choice of event. 項目的選擇。
- B. Any medical condition. 任何身體狀況。**
- C. The son's shirt size. 兒子的衣服尺寸。
- D. The parents' phone number. 家長的電話號碼。

詳解 | 留言說 If he has any medical condition... please tell us before Thursday。condition 在此是「身體狀況」，本回主題字。

W: And now for sport. In an astonishing finish at the National Stadium yesterday, amateur runner Lisa Fong beat three professionals to take the title. Fong, who works as a nurse, trains only in the early morning before her shifts. She said afterwards that she nearly declined the invitation to compete, believing she had no chance. Her victory has been described as the most surprising in the contest's forty-year history.

接下來是體育新聞。昨天在國家體育場的一場驚人賽事中，業餘跑者馮麗莎擊敗三位職業選手奪冠。馮小姐是一名護理師，只在輪班前的清晨訓練。她賽後表示，她原本差點婉拒了參賽邀請，因為認為自己毫無機會。她的勝利被形容為這項賽事四十年來最令人意外的一次。

30. What was surprising about the result? 答案 D

這個結果令人意外的地方是什麼？

- A. Nobody finished the race. 沒有人跑完。
- B. The race had to be stopped. 比賽被迫中止。
- C. The title was shared. 冠軍由多人共享。
- D. A professional lost to an amateur. 職業選手輸給業餘選手。**

詳解 | 報導說 amateur runner... beat three professionals (業餘跑者擊敗三位職業選手)。
amateur 是本回答主題字。

31. When does Lisa Fong train? 答案 A

馮麗莎什麼時候訓練？

- A. Early in the morning. 清晨。**
- B. During her lunch break. 午休時間。
- C. Only at weekends. 只在週末。
- D. After her night shifts. 夜班之後。

詳解 | 報導說 trains only in the early morning before her shifts (只在輪班前的清晨訓練)。

32. What did she almost do? 答案 A

她原本差點做了什麼？

- A. Refuse to take part. 拒絕參賽。**
- B. Move to another country. 移居他國。
- C. Give up nursing. 放棄護理工作。
- D. Change to another sport. 改換別的運動。

詳解 | 報導說 she nearly declined the invitation to compete (差點婉拒參賽邀請)。
decline (婉拒) 是本回答通用字。

Club Open Day – Tonight

Activity	Time	Note
Fitness Test	18:00	Booking required
Beginners' Cricket	18:30	No experience needed
Club Match	19:30	Outdoor pitch
Coaching Talk	20:30	Meeting room

M: Good evening, and welcome to the club's open day. On the board are the four activities running this evening. If you have never held a bat before and want something gentle, the beginners' session is the one to choose. All activities are free, but the fitness test requires you to book at the desk first. Please note that the pitch is wet, so the outdoor game has been moved indoors. No alcoholic drinks are served here, and anyone who arrives drunk will be asked to leave. Enjoy your evening.

晚安，歡迎來到本俱樂部的開放日。看板上是今晚進行的四項活動。如果您從未握過球棒、想找輕鬆一點的，初學者場次最適合。所有活動都免費，但體能測試需要先到櫃台預約。請注意，球場濕滑，戶外的比賽已改到室內舉行。本場地不提供含酒精飲料，任何酒醉入場者將被請離。祝您有個愉快的夜晚。

33. Look at the board. Which activity suits a complete beginner? **答案 B**

請看看板。哪一項活動適合完全的初學者？

- A. Coaching Talk. 教練講座。
- B. Beginners' Cricket.** 初學者板球。
- C. Club Match. 俱樂部比賽。
- D. Fitness Test. 體能測試。

詳解 | 談話說沒握過球棒、想輕鬆的請選初學者場次；對照看板即 Beginners' Cricket。cricket (板球) 是本回主題字。

34. Which activity must be booked in advance? **答案 A**

哪一項活動必須事先預約？

- A. Fitness Test.** 體能測試。
- B. Club Match. 俱樂部比賽。
- C. Beginners' Cricket. 初學者板球。
- D. Coaching Talk. 教練講座。

詳解 | 談話說 the fitness test requires you to book at the desk first (體能測試需先到櫃台預約)。

35. Why has the outdoor game been moved? 答案 A

戶外比賽為什麼改地點？

- A. The pitch is wet. 球場濕滑。
- B. The lights are broken. 燈壞了。
- C. Not enough players came. 來的球員不夠。
- D. It starts too late. 開始得太晚。

詳解 | 談話說 the pitch is wet, so the outdoor game has been moved indoors。pitch (球場) 是今回主題字。